Is the recession over in your household?

Be honest, are you better off or worse off than you were in 2010?

We are facing the tightest squeeze in living standards for nearly a century



Cost of living



Value of real wages



In-work poverty

For workers in London, the South East and the East of England the cost of living crisis is grinding on, as the increase in Retail Price Index continues to eclipse the increase in average earnings.

Real wages per year of full-time workers

2013 compared with 2010

East of England £2,164 LOWER

South East £2,500 LOWER

London £3,151 LOWER

For many families work is a route into poverty, not a route out of poverty, because of the scandal of low pay and irregular hours of work.

Britain deserves a pay rise

Demand your pay rise by marching on Saturday 18 October 2014

